

# A Personal Touch: Person-Centered planning

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# Presentation Agenda

- Introduction
- Person-centered planning
- Application
- Comments and Questions

# Person-centered planning



# Person-centered planning

- **What makes planning person-centered?**
  - The individual is a part of their care plan development
  - Good information is available for the individual to lead the process and make informed choices
  - The plan is based on the individual's needs *and* preferences

[42 CFR 441.301\(c\)\(1-3\)](#)

# Person-centered planning

- It is about **choices**:
  - Individual **chooses** to come to a particular facility
  - Individual (and family/caregiver) is included **during** the development of the individual care plan
  - Individual **chooses** their objectives for their care plan while at that facility
  - Individual **chooses** the activities that will help them meet their objectives in their care plan while at that facility
  - Program provides **options** for activities and/or therapies for individuals to participate in

# Most Important Things

- What is most important to you?
- Pick 5 things
- Write each one down on a piece of paper



# Arthur's Story



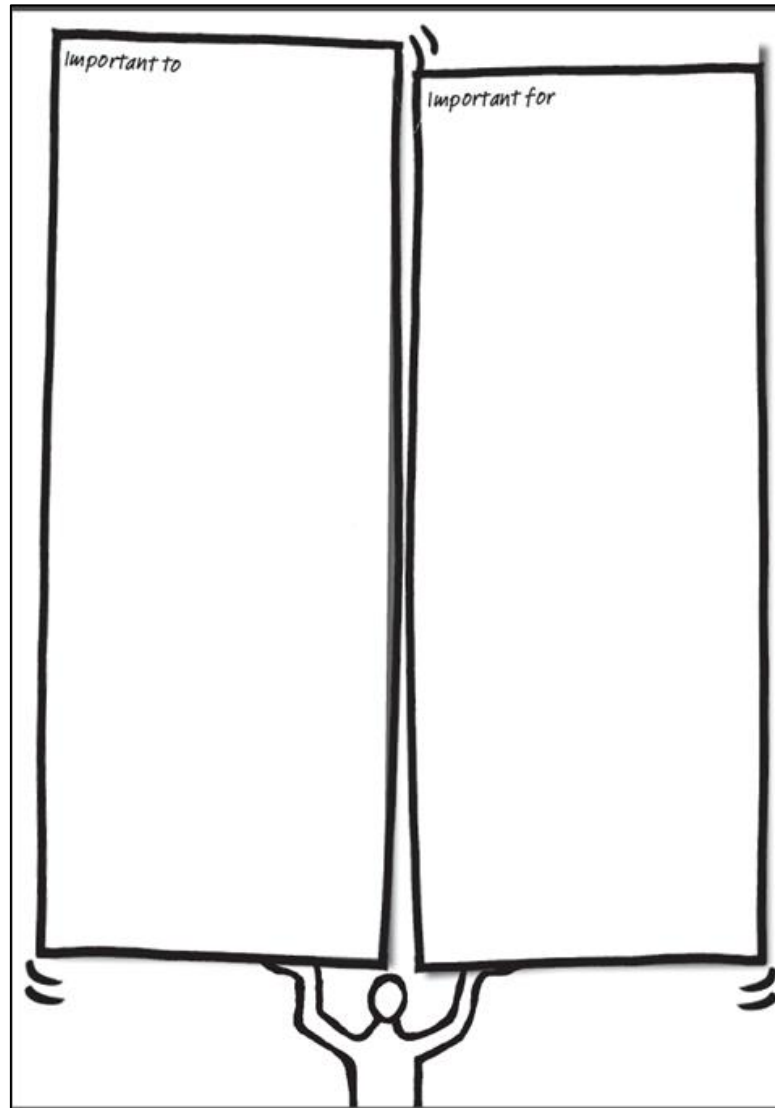
Video: <https://www.youtube.com/watch?v=5ZcWuy4GHEc>



# Tools to Use

- **Important TO:**
  - Person is the expert here!
  - They know their needs and wants best
  - Can help identify priorities

Template from Helen Sanderson Associates, retrieved from:  
<http://www.helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/sorting-important-tofor/>



- **Important FOR:**
  - Health
  - Safety
  - Environment



# Tools to Use

What's  
Working

What's Not  
Working

What's working?

What's not working?

the person

family

staff

What needs to happen next to build on what's working and change what's not working?

Template from Helen Sanderson Associates, retrieved from:  
<http://www.helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/whats-workingnot-working/>

# Person-Centered Thinking

If you take one thing away from today, take this:

*“You spend your whole life making decisions about things – your work, your relationships, your children – you don’t want to suddenly give up that responsibility because you’re older.”\**

\*Bowers, H., G. Bailey, H. Sanderson, L. Easterbrook, & A. Macadam. (2007) *Person centred thinking with older people: Practicalities and possibilities*, 4 , Retrieved from: <https://www.ndti.org.uk/uploads/files/PCPOPweb3.pdf>

# Resources

- [AARP](#)
- [Lt. Gov's Office on Aging](#)
  - Area Agencies on Aging
  - Local County Councils on Aging
- [Home Again](#)
- [South Carolina Bed Locator](#)
- Medicare Resources:
  - [Find doctors, hospitals, other providers](#)
  - [Comparison tools – nursing homes](#)
- [Medicaid Provider Manuals](#)

# Resources

- [National Nursing Home Quality Improvement Campaign](#)
- [Justice in Aging](#)
- [National Institute on Aging](#)
- [National Resource Center on Supported Decision-Making](#)
- [Think About Your Life](#)

# Comments or Questions?

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